**American Journal of Recreation Therapy**
Published quarterly by Prime National Publishing Corporation
470 Boston Post Road, Weston, MA 02493
781-899-2702 • Fax: 781-899-4900
www.recreationtherapy.org • E-mail: ajrt@pnpco.com

**President/CEO**  Eileen F. DeVito
**Publisher, Vice President, Advertising Manager** Richard A. DeVito, Sr.
**Editor-in-Chief, Managing Editor** Linda L. Buettner, CTRS, PhD

Senior Editor  Angelique Rondeau
angeliqee_rondeau@pnpco.com

Manager of Information Services  Richard A. DeVito, Jr.
radjr@pnpco.com

Production Manager  Carol Zeigler
carol_ziegler@pnpco.com

Desktop Specialist/Editorial Assistant  Deborah Rines
deborah_rines@pnpco.com

Subscription Manager  George Marks
george_marks@pnpco.com

Subscription Fulfillment  Joanna Caira
joanna_caira@pnpco.com

**SUBSCRIPTION RATES:** (All rates in US dollars)
Individual: US $153; Canada $185; Foreign $235
Institution: US $153; Canada $185; Foreign $235
Library: US $153; Canada $185; Foreign $235
Single issues: US $40; Canada $50; Foreign $70

**SUBSCRIPTION INFORMATION:** Submit your complete name, address, and zip code, attention: American Journal of Recreation Therapy, Subscription Department, 470 Boston Post Road, Weston, MA 02493. Enclose check, purchase order, or credit card number and expiration date with authorization signature. For notification of address change, submit old mailing label and new address, including zip code. No claims for copies lost in the mail may be allowed unless they are received within 90 days of date of issue. Claims for issues lost as a result of insufficient notice of address change will not be honored.

**MANUSCRIPT SUBMITTAL/AUTHOR INFORMATION:** Drafts, proposals, and completed articles may be submitted to Managing Editor, 470 Boston Post Road, Weston, MA 02493.

**QUOTATIONS AND REPRINTS:** Quotations from American Journal of Recreation Therapy may be used for purposes of review without applying for permission as long as the extract does not exceed 500 words of text, and appropriate credit is given to the Journal. Authorization to photocopy items for internal use of specific clients is granted by Prime National Publishing Corp., provided the appropriate fee is paid directly to: Copyright Clearance Center (CCC), 222 Rosewood Drive, Danvers, MA 01923, USA, 978-750-8400. Contact CCC prior to photocopying items for educational classroom use. Multiple reprints of material published in American Journal of Recreation Therapy can be obtained by filling out the reprint order form in the publication or by calling 781-899-2702.

**TRADEMARKS AND COPYRIGHTS:** American Journal of Recreation Therapy is a trademark of Prime National Publishing Corp. All materials are ©2006 by Prime National Publishing Corp. All rights reserved.

**POSTAL INFORMATION:** Periodicals postage paid at Boston, MA, and additional offices. Permit number 021-746. Postmaster: Send address changes and form 3579 to: American Journal of Recreation Therapy, 470 Boston Post Road, Weston, MA 02493.

**DISCLAIMER:** The publisher and editors are not responsible for any opinions expressed by the authors for articles published in American Journal of Recreation Therapy.

Copyright 2006. Quotation is not permitted except as above. Duplicating an entire issue for sharing with others, by any means, is illegal. Photocopying of individual items for internal use is permitted for registrants with the Copyright Clearance Center, 222 Rosewood Drive, Danvers, MA 01923. For details, call 978-750-8400 or visit www.copyight.com.

**Volume 5, Number 3  Summer 2006  ISSN 1539-4131**

**Editorial**

4  Scaffolding of recreation therapy programs
Linda L. Buettner, PhD, CTRS, FGSA
Managing Editor

Children with physical disabilities

6  The experience of participation in Challenger Little League through the eyes of a child with a physical disability
Anna-Rochelle Barletta, MS, CTRS
David P. Loy, PhD, TRS/CTRS

Conceptualizing the RT role

13  An evidence-based approach to providing physical activity and cognitive-behavioral therapy to older adults with pain
Norma J. Stumbo, PhD, CTRS, FALS

Rehabilitation RT

26  Recreational therapy intervention following stroke: Community reintegration
Jo A. Lewis, BA, CTRS

Mental health RT issues

31  Exercise as treatment for depression: A therapeutic recreation intervention
Tim Passmore, EdD, CTRS
Suzie Lane, EdD, CTRS

Community-based RT

42  Peace of mind: A pilot community-based program for older adults with memory loss
Linda L. Buettner, PhD, CTRS, FGSA